



## Personal Health Series Bike Safety

## **Quiz Answer Key**

Using the words below, fill in the blanks.

WORD BANK		
bright	hand signals	right
calories	helmets	road
CPSC	injuries	stop signs
direction	laws	sneakers
environment	music	text
exercise	pollute	tightly

Biking is great for getting ar	ound, and it's also great	exercise	Becaus	se it burns _	calories
instead of fuel and doesn't					
But bikeinjuries	are commor	n, so it's important to	follow the rules of th	ie	road
and bikelaws	set by your	community. Smart tee	ns wear	helmets	
whenever they ride bikes. A					
helmet, you should make su	re it has a	CPSC s	ticker.		
Everyone should wear	bright	clothes and	sneakers	when	they ride bicycles.
Bike riders should stay on th	ne <u>right</u>	side of the ro	ad and go the same _		direction
as traffic. Bike riders also no	eed to stop at all	stop signs	and obey t	raffic laws.	Bike riders should use
the appropriateho	and signals and	never change direction	ns or lanes without l	ooking behi	nd themselves.
Smart teens neverdon't get distracted.	text	or listen to	music	_ while they	y're riding bikes so they