



Personal Health Series Bike Safety

Date:

## Name:

## Quiz

Using the words below, fill in the blanks.

WORD BANK		
bright	hand signals	right
calories	helmets	road
CPSC	injuries	stop signs
direction	laws	sneakers
environment	music	text
exercise	pollute	tightly

		Because it burns our air, riding bikes is also great for the			
					But bike
and bike	_ set by your community. Smart teens wear				
whenever they ride bikes. A bike helmet should fit			_ and should not be tilted. When you buy a bike		
helmet, you should make sure it has a		sticker			
Everyone should wear	cloth	nes and	when they ride bicycles.		
Bike riders should stay on the	side of the road and go the same				
as traffic. Bike riders also need to stop	ffic. Bike riders also need to stop at all and obey traffic laws. Bike riders should		and obey traffic laws. Bike riders should use		
the appropriate	and never change directions or lanes without looking behind themselves.				
Smart teens never	or li	sten to	while they're riding bikes so they		
don't get distracted.					