



Personal Health Series Healthy Relationships

Name:

Date:

You've Got a Friend

Instructions: Read the story, then write a response.

You're having lunch with your BFF Makayla. Well, she used to be your BFF until she started dating Sean. Sean didn't want her to hang out with her friends anymore, so she stopped. He also didn't want her wearing makeup or clothes that showed any skin, so she stopped that, too. She pretty much stopped everything she loved for him — even cheerleading and track. She acts like it was her idea, but everyone knows better.

Makayla seemed nervous and sad at lunch. She kept checking her phone and looking around, like she was afraid to get caught. So you asked if everything was OK. She was quiet for a minute, then said, "Sean and I got into a fight last night. Don't tell anyone, but ..." And then she showed you the bruises on her shoulder. Seeing your shock, she quickly added, "But really, it was my fault. I had to work late and was late for our date. I know how much he hates that."

Write what you would say to Makayla:



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